

Diabetes

Report on my experience with aloe vera gel

My name is Evelin G., I am 69 years old.

I have been suffering from diabetes for 45 years as a result of a difficult delivery when I was 23. It was a forceps delivery that extended over 27 hours and was severely stressful. The diabetes became apparent because I was very thirsty and the episiotomy did not heal.

I took tablets for many years. For about 25 years I have been injecting insulin three times a day and once extra in the evening. My blood glucose levels were often around the 200 mark.

My bowel movements have become excellent thanks to aloe vera. My skin is no longer cracked and chapped but nice and smooth. Around two weeks ago I had a setback. I developed severe inflammation of my big toe (fistula under the toenail), which was supposed to be amputated in due time. My foot became severely swollen and I was in great pain. The toenail had to be removed and the fistula cut open - an additional round of antibiotics was necessary. Despite the repeat inflammation and intake of antibiotics, my blood glucose levels did not rise - even though this used to be the case.

I increased the dose of aloe vera I take. Meanwhile, the swelling and the pain have subsided, however, the wound needs to remain open for cleansing. Yet, I am experiencing how the wound is trying to close thanks to aloe vera.

I am very happy with aloe vera gel and am convinced that if I had been introduced to aloe vera much earlier I would not have lost my foot.

Evelin G.